

# How to Triad

Let me start by acknowledging that the idea of meeting in a triad (3 people) does not necessarily bring joy to some of us. I understand. I also want to acknowledge that some of the triads may not go well. You might think now that with these two realities at play, why would I encourage us to meet in triads? The answer is that the potential good is worth it. Let me list the potential good:

- Strengthening the FMCiC & ultimately the Kingdom: you will meet people from across Canada who also love Jesus and happen to be FM'ers;
- Help you in your Rule of Life journey: you will have fellow Rule of Lifers cheering you on and holding you accountable to the covenant. There is a men's weight loss clinic commercial that ends with, "and remember men, if you could have done it on your own, you would have done it already!" Right!
- Jesus says that "where 2 or more are gathered in My Name, I will be there". Why did He say this? I mean of course, that He is already present when we are alone in prayer. Perhaps part of the answer is the Biblical meta-theme of community and Oneness with Christ (John 17). There is mystery here: mystery in the John 17 "one" and mystery in 2 or more statement. The Bible word "mystery" actually means "revelation", and not a secret that may never be discovered. The mysteries of God are gradually revealed, and one day we will "see clearly". As Free Methodist we embrace mystery, as we anticipate God's ongoing revelation. The triad is certainly another 2-or-more-gathered-in-His-Name opportunity.
- Hearing from God: we can hear from God in prayer, in Scripture and through others – a triad brings these three ways of hearing God together. I am asking that each week you would ask each other what stood out in the Scriptures you read and in your prayer times. I will be asking you to collect key words or thoughts that might pertain to FMCiC, because it is entirely possible that He could choose this 3-month covenant time to speak into the FMCiC.

A typical zoom-triad time may look like this:

- Introductions
- You may ask each other, "tell us about any thing that stood out in the Bible passages we studied this week"
- And then ask each other, "is there anything that you would like prayer for this week? Is there anything you are particularly praying for FMCiC?"

You may register with your own triad. By the way, if you have 4-5 people with whom you would like to do this with then in your case "triad"= 4-5! Otherwise I will form the triads. It will be your job as a triad to connect with each other and set your own zoom, or Facebook, or Teams, or whatever virtual platform you prefer.